

Crosswalk of MASST-R with Character Education - Pillars of Character Counts!

*MASST-R Modules	Trustworthiness T	Respect R	Responsibility R	Fairness F	Caring C	Citizenship C
Module 1 Self Awareness Chapters 1-2 Lessons 1-12	Ch. 1 Ch. 2 (Lessons 7-8)	Ch. 1 Ch. 2 (Lessons 7-8)	Ch. 1 Ch. 2 (Lessons 7-8)	Ch. 1 Ch. 2 (Lessons 7-8)	Ch. 1 Ch. 2 (Lessons 7-8)	Ch. 1 Ch. 2 (Lessons 7-8)
Module 2 Social Awareness Chapters 3-4 Lessons 13-19	Ch. 3	Ch. 3	Ch. 3 Ch. 4 (Lessons 15-19)	Ch. 3	Ch. 3	Ch. 3
Module 3 Self Management Chapters 5-9 Lessons 20-33	Ch. 5 Ch. 6 Ch. 7	Ch. 5 Ch. 6 Ch. 8 Ch. 9	Ch. 5 Ch. 6 Ch. 7 Ch. 8 Ch. 9	Ch. 6 Ch. 7	Ch. 6 Ch. 8	Ch. 5 Ch. 7
Module 4 Relationship Skills Chapters 10-12 Lessons 34-43	Ch. 10 Ch. 11	Ch. 10 Ch. 11	Ch. 10 Ch. 11 Ch. 12	Ch. 10 Ch. 11	Ch. 10 Ch. 11	
Module 5 Responsible Decision-Making Chapters 13-20 Lessons 44-70	Ch. 15 Ch. 19 Ch. 20	Ch. 13 Ch. 14 Ch. 18 Ch. 19 Ch. 20	Ch. 13 Ch. 14 Ch. 15 Ch. 16 Ch. 18 Ch. 19 Ch. 20	Ch. 13 Ch. 14 Ch. 15 Ch. 16 Ch. 18 Ch. 20	Ch. 14	Ch. 15 Ch. 16

*MASST-R modules are organized within the five Social Emotional Learning (SEL) competencies.

**The authors have evaluated the MASST-R lessons for alignment with this initiative. No endorsement on the part of any organization is implied or intended.*

Pillars of Character Counts!
<http://charactercounts.org/sixpillars.html>

- **Trustworthiness** – Be honest – Don’t deceive, cheat or steal – Be reliable – do what you say you’ll do – Have the courage to do the right thing – Build a good reputation – Be loyal – stand by your family, friends and country
- **Respect** – Treat others with respect; follow the Golden Rule – Be tolerant of differences – Use good manners, not bad language – Be considerate of the feelings of others – Don’t threaten, hit or hurt anyone – Deal peacefully with anger, insults and disagreements
- **Responsibility** – Do what you are suppose to do – Persevere; keep on trying! – Always do your best – Use self-control – Be self-disciplined – Think before you ac; consider the consequences – Be accountable for your choices
- **Fairness** – Play by the rules – Take turns and share – Be open-minded; listen to others – Don’t take advantage of others – Don’t blame others carelessly
- **Caring** – Be kind – Be compassionate and show you care – Express gratitude – Forgive others – Help people in need
- **Citizenship** – Do your share to make your school and community better – Cooperate – Get involved in community affairs – Stay informed; vote – Be a good neighbor – Obey laws and rules – Respect authority – Protect the environment

Social Emotional Learning Competencies
<http://www.casel.org/basics/skills.php>

- **Self-awareness**—accurately assessing one’s feelings, interests, values, and strengths; maintaining a well-grounded sense of self-confidence
- **Self-management**—regulating one’s emotions to handle stress, control impulses, and persevere in overcoming obstacles; setting and monitoring progress toward personal and academic goals; expressing emotions appropriately
- **Social awareness**—being able to take the perspective of and empathize with others; recognizing and appreciating individual and group similarities and differences; recognizing and using family, school, and community resources
- **Relationship skills**—establishing and maintaining healthy and rewarding relationships based on cooperation; resisting inappropriate social pressure; preventing, managing, and resolving interpersonal conflict; seeking help when needed
- **Responsible decision-making**—making decisions based on consideration of ethical standards, safety concerns, appropriate social norms, respect for others, and likely consequences of various actions; applying decision-making skills to academic and social situations; contributing to the well-being of one’s school and community

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